

September 1, 2026

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Contact Us

Office: 828-758-5536

Email and Extensions:

Ashlyn Moody
a.moody@lenoirhousing.org
Administrative Asst: 208

Hannah Morrison
h.morrison@lenoirhousing.org
Property Manager: 206

Nicky Adams
n.adams@lenoirhousing.org
Finance Manager: 204

Jennifer Robson
j.robson@lenoirhousing.org
ROSS Coordinator: 207

Michael Dineen
m.dineen@lenoirhousing.org
Executive Director: 203



Cooking Essentials Class

Come cook with Margie Mansure with NC Cooperative Extension in this two week class and explore flavors from around the world – Mexican and Asian themes.

Learn practical cooking skills, try new ingredients, and discover ways to add variety to family meals.

**Wednesday,
September 23rd and 30th
10:00 – 11:30 am**

Harrington St. Education Center
323 Harrington Street Apt. 4

Space is limited! Please register by September 9th.
Need transportation? Greenway tickets are available.
For more information and to register, contact Jennifer at
828-758-5536 ext. 207.



Register
by
Wednesday,
September
9th

Greenway
tickets
available

Maintenance Calls:

During business hours:
Call the office @ 758-5536

Business Hours:
8am-4pm Mon. - Thurs.
8am-11am Friday

After hours:
EMERGENCIES ONLY
Call 758-5536, ext. 602
Leave a message
including your name,
address and phone
number.
Afterhours are for
EMERGENCIES ONLY.



Trash Pick Up Schedule

Monday:
Harrington, Penley,
Atwood, Ridge, Hartley

Wednesday:
Vance, Poplar

Thursday:
Virginia, Lutz

Friday:
Spainhour

Online rent payments

1. www.lenoirhousing.org
2. Click on Residents and select tenant register
3. Use the name and social security number you provided when you applied

Call or email Hannah to
register 758-5536 ext. 206
h.morrison@lenoirhousing.org

Attention all Kindergarten – 8th Graders

Poplar Treehouse

Tuesday's 3:00pm - 5:00pm

1711 Poplar Street

Harrington

Hangout

Thursday's 3:00pm - 5:00pm

323 Harrington Street

Questions: Call Jennifer @ 758-5536 x 207

**Come check
out LHA's
afterschool
activities!**



Greenway has expanded micro-transit services in Caldwell County. Micro-Transit is a same day, on demand, curb-to-curb, shared ride service.

To schedule a ride, call Dispatch at (828) 465-7634.



NCWorks Career Center – Caldwell

NCWorks on-line at www.ncworks.gov or contact the Career Center (828) 759-4680 to receive staff assisted services with your employment search.

LIBRARY PARTNERSHIPS

NCWorks is dedicated to meeting people where they are!

Caldwell County Library – Lenoir
Every Wednesday from 1:30pm - 4:30pm

Virtual Employment Workshops

Supercharge Your Job Search

**Call your local NCWorks Career Center
for the February schedule and REGISTER today!**

Caldwell Career Center 759-4680

NCWorks Career Center

Caldwell 1909 Hickory Blvd Lenoir, NC 28645 828-759-4680



Yokefellow
9/28/26
10:00

Thrive

(formerly Caldwell Senior Center)

Phone: 828-758-2883

Thrive828.com

Hours:

Mon.-Thurs. 8am-4:30pm
Fri. 8am-2pm

Programs:

Caregiver Support, VAYA Health, Advance Care Planning & and much more!!!

Facebook & Email Virtual Opportunities:

Travel Tuesday
Wellness Wednesday

Exercise Opportunities:

In Person & Online
Senior Cardio, Senior Strength, Balance Builders

In Person

Line Dance
Songbirds

Games & Activities:

Many opportunities to join others in games and activities that you enjoy!!!



Caldwell County
NORTH CAROLINA
Public Library

Public Library

Check **www.ccpl.us** for the most up-to-date events & activities. Follow on Facebook and Instagram CCPL Kids Emails: sign up at bit.ly/ccplkidsemail

Monday All Day Lego Play

Tuesday 10am Preschool Storytime – **Join in the fun with stories, songs, puppets, flannel boards, and more to build your child's early learning skills and prepare them for school.**

Wednesday 10am Toddler Storytime – **An interactive event filled with stories, songs, play, and more to boost early learning & social skills.**

Thursday 10am Music & Movement – **A lively storytime incorporating music, dance, yoga, and games.**

Friday All Day Family Games

Check the event calendar for more events!!!

Parks and Recreation

*Mulberry Recreation,
Martin Luther King, Jr.
Park, J.E. Broyhill Park,
Lenoir Aquatic &
Fork Mountain
Greenway, Lenoir
Wilson Athletic
Community Gardens*



*Lenoir Optimist Park,
Center, Broyhill Walking
Lenoir High School,
Fitness Center, Zacks
Biking Trail, Lenoir
Rotary Soccer Complex,
Park, Unity Park &*



Early Head Start
The Enola Group Child and Family Services

Early Head Start is accepting applications! Early Head Start is a comprehensive program that offers services to families with children ages birth to age 3 and pregnancies. Services offered include: Early Childhood Education, Parent and Child Playgroups, and Health, Nutrition and Prenatal Supports.



English Application QR code



Spanish Application QR code



Room at the Table

1st Saturday: First Baptist
4-4:30

2nd Saturday: St. James
Episcopal 4-4:30

3rd Saturday: Lenoir
Presbyterian 4-4:30

4th Saturday: First
Methodist 4-4:30

5th Saturday: Hosted by
New Song - served at First
United Methodist Church
4-4:30



Pay-It-Forward Food Pantry

Free Food
Drive Thru 9am-12pm
2nd and 4th Thursdays
1st Saturday
2058 Harper Ave.
(beside Gateway Nursing
Center)

Laundry Room Hours:
Monday - Thursday
7:00-3:00
(door locked @ 3:00)
Friday 7:00-12:00
(door locked @ 12:00)



COOKING TOGETHER



Calling all Seniors!

Join us for **Cooking Together**, a fun monthly class where you will prepare delicious recipes, share a meal, and enjoy time with friends.

- First Thursday of each month
- 10:00 - 11:30 AM
- Poplar Education Center
located at 1711 Poplar Street

CLASS SEPTEMBER 3, 2026

REGISTER BY AUGUST 31, 2026

Class Dates: September 3rd, October 1st,
November 5th, December 3rd.

Contact Jennifer about dietary needs, allergies,
or transportation. No BINGO on these dates.



Thrive

The Caldwell Senior Center is now Thrive!

We may have changed our name, but not our commitment to you. The name Thrive better fits our vision of helping 50+ men and women live their very best lives, empowering them to lead more active lifestyles that nourish their mind, body, and soul. Thrive is a gathering place. A place where you can take a wide range of classes, attend social events, exercise, and much, much more. We are dedicated to providing the very best in services to help you continue to *thrive* as you age.

605-A Pennton Ave. 828-758-2883 Email: office@Thrive828.com

**Maintenance will complete Monthly Smoke Detector
Check, Housekeeping Inspections and
Quarterly Pest Control Sprays
during the week of 9/14/26 – 9/18/26**

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Caldwell County Habitat for Humanity® Are you interested in home ownership? Call Jennifer to begin working together to prepare for the application process. 758-5536 ext. 207						
		1 <u>RENT IS DUE</u> Poplar Treehouse 3-5	2	3 Cooking Together 1711 Poplar Street 10:00-11:30 Harrington Hangout 3-5	4	5 Room @ The Table 1st Baptist 4-4:30
6	7 LHA Closed 	8 <u>LATE FEES BEGIN</u> Poplar Treehouse 3-5	9	10 Bingo 10:00 Harrington Hangout 3-5	11	12 Room @ The Table St. James Episcopal 4-4:30
13	14	15 Poplar Treehouse 3-5	16	17 Bingo 10:00 Harrington Hangout 3-5	18	19 Room @ The Table / Lenoir Presbyterian 4-4:30
20	21	22 Poplar Treehouse 3-5	23 Cooking Essentials Class 10-11:30 @ Harrington	24 Bingo 10:00 Harrington Hangout 3-5	25	26 Room @ The Table 1st Methodist 4-4:30
27	28 <u>Yokefellow Food Pantry 10:00am</u>	29 Poplar Treehouse 3-5	30 Cooking Essentials Class 10-11:30 @ Harrington	 Call Jennifer when you find this picture in the newsletter. Your name will be entered for a prize!!! Good Luck		

Maintenance Calls: During business hours: Call the office @ 758-5536

8am-4pm Mon. – Thurs., 8am-11am Friday

After Hours : EMERGENCIES ONLY Call 758-5536, ext. 602

Leave a message including your name, address and phone number.

Emergency Calls cannot be done online or by email.

*****Afterhours are for EMERGENCIES ONLY*****

Caldwell County Community Food Resources

Caldwell County Yokefellow, Inc.

202 Harper Ave * Lenoir, NC 28645
Food Pantry Hours: Mon, Tues, Thurs, Fri
9am-Noon and 1pm – 4pm
“Yoke To Go” each day at 3:00pm
Happy Valley Food Pantry – 2nd Saturday,
HV Medical Ctr Bldg. 9-10:00am
Kings Creek Food Pantry – 3rd Saturday,
KC Fire Dept 9-10:00am
Senior Mobile Food Pantry – 4th Week of Every Month,
Multiple Sites * Call for Site Information
(828) 754-7088

South Caldwell Christian Ministries

5 Quarry Road * Granite Falls, NC 28630
Food Pantry: Tuesday, Wednesday, Thursday
*Call for Monthly Mobile Pantry Schedule
(828) 396-4000

Storehouse Daily Bread Ministry

4079 Lower Cedar Valley Road * Hudson, NC 28638
Food Pantry Hours: Each Wednesday 9:00-10:30am
(828) 612-6802

Whitnel First Baptist Food Pantry

1201 Connelly Springs Rd * Lenoir, NC 28645
Call for Food Pantry Schedule
(828) 754-3240

Bags of Blessings Food Pantry

At Union Grove Baptist Church

1808 Union Grove Rd * Lenoir, NC 28645
2nd and 4th Tuesday 5:00-7:00pm
Call (828) 728-2221

Mountainview Baptist Church Pantry

3282 Collettsville Rd * Lenoir, NC 28645
Food Pantry Hours: Every 3rd Saturday, 9-12pm
(828) 320-9345

Pay It Forward Food Pantry

2058 Harper Ave NW * Lenoir, NC 28645
Call for Food Pantry Schedule
(828) 572-4441

Salvation Army Food Pantry

4370 Hickory Blvd * Granite Falls
Mondays 10:00am – 1:00pm
(828) 496-2370

Dulatown Presbyterian Food Pantry

1537 Miller Hill Road * Lenoir NC 28645
Call for Food Pantry Schedule
(828) 758-5826

Covenant Fellowship Food Pantry

6062 Petra Mill Road * Granite Falls NC 28630
Food Pantry Hours: 1st and 3rd Tuesdays 5:00-6:30pm
(828) 396-9670

Poovey's Chapel – Food and Clothes

2822 Poovey's Chapel Ch. Rd * Hudson, NC 28638
Food Pantry and Clothes Closet
Last Saturday Monthly 10-11am
(828) 728-7210

Room at the Table – Weekly Saturday Meal

Serving at 4:00pm

1st Saturday – First Baptist Church
304 Main Street, 758-8428
2nd Saturday – St. James Episcopal Church
806 College Avenue, 754-3712
3rd Saturday – Lenoir Presbyterian Church
1002 Kirkwood Street, 754-5351
4th Saturday – First United Methodist Church
309 Church Street, 754-4922
When a 5th Saturday – Hosted by New Song AT
First United Methodist Church
309 Church Street, 754-4922

Lenoir Soup Kitchen – Daily Meal

1113 College Avenue * Lenoir, NC 28645
Free Hot Meal Served Weekdays: Mon-Friday: 11am-Noon
Call for 4:00pm Sunday Meal Availability!
(828) 758-1411

United Way of Caldwell County - Need Help?

Call the United Way Resource Hotline - 211.
Dial 211 – 1-888-892-1162 OR visit nc211.org
to help you find the human services resources available in
your community.