

August 1, 2026

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Contact Us

Office: 828-758-5536

Email and Extensions:

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COOKING TOGETHER



Calling all Seniors!

Join us for **Cooking Together**, a fun monthly class where you will prepare delicious recipes, share a meal, and enjoy time with friends.

- First Thursday of each month
- 10:00 - 11:30 AM
- Poplar Education Center located at 1711 Poplar Street

BEGINS AUGUST 6, 2026

REGISTER BY JULY 30, 2026

Class Dates: August 6th, September 3rd, October 1st, November 5th, December 3rd.

Contact Jennifer about dietary needs, allergies, or transportation. No BINGO on these dates.



Thrive

The Caldwell Senior Center is now Thrive!

We may have changed our name, but not our commitment to you. The name Thrive better fits our vision of helping 50+ men and women live their very best lives, empowering them to lead more active lifestyles that nourish their mind, body, and soul. Thrive is a gathering place. A place where you can take a wide range of classes, attend social events, exercise, and much, much more. We are dedicated to providing the very best in services to help you continue to *thrive* as you age.

605-A Pennton Ave. 828-758-2883 Email: office@Thrive828.com

Maintenance Calls:

During business hours:
Call the office @ 758-5536

Business Hours:
8am-4pm Mon. - Thurs.
8am-11am Friday

After hours:
EMERGENCIES ONLY
Call 758-5536, ext. 602
Leave a message
including your name,
address and phone
number.
Afterhours are for
EMERGENCIES ONLY.



Trash Pick Up Schedule

Monday:
Harrington, Penley,
Atwood, Ridge, Hartley

Wednesday:
Vance, Poplar

Thursday:
Virginia, Lutz

Friday:
Spainhour

Online rent payments

1. www.lenoirhousing.org
2. Click on Residents and select tenant register
3. Use the name and social security number you provided when you applied

Call or email Hannah to
register 758-5536 ext. 206
h.morrison@lenoirhousing.org

Attention all Kindergarten – 8th Graders

Poplar Treehouse

Tuesday's 3:00pm - 5:00pm

1711 Poplar Street

Harrington

Hangout

Thursday's 3:00pm - 5:00pm

323 Harrington Street

Questions: Call Jennifer @ 758-5536 x 207



Greenway has expanded micro-transit services in Caldwell County. Micro-Transit is a same day, on demand, curb-to-curb, shared ride service.

To schedule a ride, call Dispatch at (828) 465-7634.



NCWorks Career Center – Caldwell

NCWorks on-line at www.ncworks.gov or contact the Career Center (828) 759-4680 to receive staff assisted services with your employment search.

LIBRARY PARTNERSHIPS

NCWorks is dedicated to meeting people where they are!

Caldwell County Library – Lenoir
Every Wednesday from 1:30pm - 4:30pm

Virtual Employment Workshops

Supercharge Your Job Search

**Call your local NCWorks Career Center
for the February schedule and REGISTER today!**

Caldwell Career Center 759-4680

NCWorks Career Center

Caldwell 1909 Hickory Blvd Lenoir, NC 28645 828-759-4680



Yokefellow
8/24/26
10:00

Thrive

(formerly Caldwell Senior Center)

Phone: 828-758-2883

Thrive828.com

Hours:

Mon.-Thurs. 8am-4:30pm
 Fri. 8am-2pm

Programs:

Caregiver Support, VAYA Health, Advance Care Planning & and much more!!!

Facebook & Email Virtual Opportunities:

Travel Tuesday
 Wellness Wednesday

Exercise Opportunities:

In Person & Online
 Senior Cardio, Senior Strength, Balance Builders

In Person

Line Dance
 Songbirds

Games & Activities:

Many opportunities to join others in games and activities that you enjoy!!!



Caldwell County
 NORTH CAROLINA
 Public Library

Public Library

Check www.ccpl.us for the most up-to-date events & activities. Follow on Facebook and Instagram CCPL Kids Emails: sign up at bit.ly/ccplkidsemail

Monday All Day Lego Play

Tuesday 10am Preschool Storytime – **Join in the fun with stories, songs, puppets, flannel boards, and more to build your child's early learning skills and prepare them for school.**

Wednesday 10am Toddler Storytime – **An interactive event filled with stories, songs, play, and more to boost early learning & social skills.**

Thursday 10am Music & Movement – **A lively storytime incorporating music, dance, yoga, and games.**

Friday All Day Family Games

Check the event calendar for more events!!!

Parks and Recreation

*Mulberry Recreation,
 Martin Luther King, Jr.
 Park, J.E. Broyhill Park,
 Lenoir Aquatic &
 Fork Mountain
 Greenway, Lenoir
 Wilson Athletic
 Community Gardens*



*Lenoir Optimist Park,
 Center, Broyhill Walking
 Lenoir High School,
 Fitness Center, Zacks
 Biking Trail, Lenoir
 Rotary Soccer Complex,
 Park, Unity Park &*



Early Head Start is accepting applications! Early Head Start is a comprehensive program that offers services to families with children ages birth to age 3 and pregnancies. Services offered include: Early Childhood Education, Parent and Child Playgroups, and Health Nutrition and Prenatal Supports.



English Application QR code



Spanish Application QR code



Room at the Table

1st Saturday: First Baptist
4-4:30

2nd Saturday: St. James
Episcopal 4-4:30

3rd Saturday: Lenoir
Presbyterian 4-4:30

4th Saturday: First
Methodist 4-4:30

5th Saturday: Hosted by
New Song - served at First
United Methodist Church
4-4:30



Pay-It-Forward Food Pantry

Free Food
Drive Thru 9am-12pm
2nd and 4th Thursdays
1st Saturday
2058 Harper Ave.
(beside Gateway Nursing
Center)

Laundry Room Hours:
Monday - Thursday
7:00-3:00
(door locked @ 3:00)
Friday 7:00-12:00
(door locked @ 12:00)

52ND ANNUAL HARAMBEE! ARTS FESTIVAL 2026 UNITY & TOGETHERNESS

SATURDAY, AUG. 8TH

FAMILY FUN DAY! 3-7 PM

COME OUT AND ENJOY A VARIETY OF
FOOD, DESSERTS, WATER SLIDES,
MUSIC, VIDEO GAMING TRUCK,
PHOTO BOOTH & MORE!



SUNDAY, AUG. 9TH 4-7 PM

GOSPEL EXTRAVAGANZA!

FEATURING: THE CHOSEN, THE
MESSENGERS, JACKIE HOWELL AND
THE COMMUNITY CHOIR



MONDAY, AUG. 10TH

JH JONES ALL STAR GAME

TIP-OFF 6:PM



TUESDAY, AUG. 11TH @ 6PM

SENIOR CITIZEN'S BANQUET!

COME OUT AND ENJOY A
DELICIOUS MEAL AS WELL AS
THE SILVIO MARTINAT SWING BAND
GIFT BASKETS TO BE GIVEN AWAY



WEDNESDAY, AUG. 12TH

GAME NIGHT! 6 PM
BINGO, BID WHIST, SPADES
LOTS OF NICE PRIZES
GRAND PRIZE - 50" FIRE TV



THURSDAY, AUG. 13TH

RECOGNITION BANQUET
6 PM
COME ENJOY A DELICIOUS
CHARCUTERIE BOARD AS WE
RECOGNIZE OUR VIP'S!



FRIDAY, AUG. 14TH

7-10 PM
BOOTS ON THE GROUND
AGES 25 & UP
WEAR YOUR COWBOY & COWGIRL
HATS & BOOTS AND GET READY
FOR SOME FUN WITH LINE DANCING
AND MORE
FEATURING DJ JAMES DULA



ALL EVENTS ARE FREE

SPONSORED BY

LENOIR PARKS & RECREATION

MARTIN LUTHER KING, JR. CENTER

313 GREENHAVEN DRIVE LENOIR, NC 28645

828-757-2170



**Maintenance will complete Monthly Filter Change,
Smoke Detector Check
and Housekeeping Inspections
during the week of 8/24/26 – 8/28/26**

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Are you interested in home ownership? Call Jennifer to begin working together to prepare for the application process. 758-5536 ext. 207						1 <u>RENT IS DUE</u> Room @ The Table 1st Baptist 4-4:30
2	3	4 Poplar Treehouse 3-5	5 Lenoir Library Career Works 1:30-4:30 NCWorks 759-4680	6 Cooking Together 1711 Poplar Street 10:00-11:30 Harrington Hangout 3-5	7	8 <u>LATE FEES BEGIN</u> Room @ The Table St. James Episcopal 4-4:30
9	10	11 Poplar Treehouse 3-5	12 Lenoir Library Career Works 1:30-4:30 NCWorks 759-4680	13 Bingo 10:00 Harrington Hangout 3-5	14	15 Room @ The Table / Lenoir Presbyterian 4-4:30
16	17	18 Poplar Treehouse 3-5	19 Lenoir Library Career Works 1:30-4:30 NCWorks 759-4680	20 Bingo 10:00 Harrington Hangout 3-5	21	22 Room @ The Table 1st Methodist 4-4:30
23	24 <u>Yokefellow Food Pantry 10:00am</u>	25 Poplar Treehouse 3-5	26 Lenoir Library Career Works 1:30-4:30 NCWorks 759-4680	27 Bingo 10:00 Harrington Hangout 3-5	28	29 Room @ The Table Hosted by New Song, served at 1st Methodist 4-4:30
30	31	 We appreciate our LHA Volunteers for all they do to support after school activities and preparing for Habitat home ownership.				

Maintenance Calls: During business hours: Call the office @ 758-5536

8am-4pm Mon. – Thurs., 8am-11am Friday

After Hours : EMERGENCIES ONLY Call 758-5536, ext. 602

Leave a message including your name, address and phone number.

Emergency Calls cannot be done online or by email.

*****Afterhours are for EMERGENCIES ONLY*****

Caldwell County Community Food Resources

Caldwell County Yokefellow, Inc.

202 Harper Ave * Lenoir, NC 28645
Food Pantry Hours: Mon, Tues, Thurs, Fri
9am-Noon and 1pm – 4pm
“Yoke To Go” each day at 3:00pm
Happy Valley Food Pantry – 2nd Saturday,
HV Medical Ctr Bldg. 9-10:00am
Kings Creek Food Pantry – 3rd Saturday,
KC Fire Dept 9-10:00am
Senior Mobile Food Pantry – 4th Week of Every Month,
Multiple Sites * Call for Site Information
(828) 754-7088

South Caldwell Christian Ministries

5 Quarry Road * Granite Falls, NC 28630
Food Pantry: Tuesday, Wednesday, Thursday
*Call for Monthly Mobile Pantry Schedule
(828) 396-4000

Storehouse Daily Bread Ministry

4079 Lower Cedar Valley Road * Hudson, NC 28638
Food Pantry Hours: Each Wednesday 9:00-10:30am
(828) 612-6802

Whitnel First Baptist Food Pantry

1201 Connelly Springs Rd * Lenoir, NC 28645
Call for Food Pantry Schedule
(828) 754-3240

Bags of Blessings Food Pantry

At Union Grove Baptist Church

1808 Union Grove Rd * Lenoir, NC 28645
2nd and 4th Tuesday 5:00-7:00pm
Call (828) 728-2221

Mountainview Baptist Church Pantry

3282 Collettsville Rd * Lenoir, NC 28645
Food Pantry Hours: Every 3rd Saturday, 9-12pm
(828) 320-9345

Pay It Forward Food Pantry

2058 Harper Ave NW * Lenoir, NC 28645
Call for Food Pantry Schedule
(828) 572-4441

Salvation Army Food Pantry

4370 Hickory Blvd * Granite Falls
Mondays 10:00am – 1:00pm
(828) 496-2370

Dulatown Presbyterian Food Pantry

1537 Miller Hill Road * Lenoir NC 28645
Call for Food Pantry Schedule
(828) 758-5826

Covenant Fellowship Food Pantry

6062 Petra Mill Road * Granite Falls NC 28630
Food Pantry Hours: 1st and 3rd Tuesdays 5:00-6:30pm
(828) 396-9670

Poovey's Chapel – Food and Clothes

2822 Poovey's Chapel Ch. Rd * Hudson, NC 28638
Food Pantry and Clothes Closet
Last Saturday Monthly 10-11am
(828) 728-7210

Room at the Table – Weekly Saturday Meal

Serving at 4:00pm

1st Saturday – First Baptist Church
304 Main Street, 758-8428
2nd Saturday – St. James Episcopal Church
806 College Avenue, 754-3712
3rd Saturday – Lenoir Presbyterian Church
1002 Kirkwood Street, 754-5351
4th Saturday – First United Methodist Church
309 Church Street, 754-4922
When a 5th Saturday – Hosted by New Song AT
First United Methodist Church
309 Church Street, 754-4922

Lenoir Soup Kitchen – Daily Meal

1113 College Avenue * Lenoir, NC 28645
Free Hot Meal Served Weekdays: Mon-Friday: 11am-Noon
Call for 4:00pm Sunday Meal Availability!
(828) 758-1411

United Way of Caldwell County - Need Help?

Call the United Way Resource Hotline - 211.
Dial 211 – 1-888-892-1162 OR visit nc211.org
to help you find the human services resources available in
your community.